



Est. 1994

KUK SOOL WON™
of Bury St. Edmunds

CLASS SCHEDULE

2019

SUN

NO CLASSES

MON

KIDS

Mixed
(White+)
18.00-18.45
JKN Mark
KSN Babs
KSN John

ADULTS

Ages 13+
Beginners up
19.00-finish
JKN Mark
KSN John

TUE

DRAGONS

3-5 years
17.30-18.00
JKN Jose
JKN Naomi

KIDS

Beginners
(up to Red)
18.00-18.45
KSN Babs
KSN Sue

ADULTS

Ages 13+
Advanced
19.00-finish
SBN Steve
SBN Karen

WED

KIDS

6-12 years
Advanced
(Brown+)
18.00-finish
JKN Michael

ADULTS

Ages 13+
Beginners up
19.15-finish
JKN Mark
KSN John

THU

DRAGONS

3-5 years
Advanced
(Brown+)
17.30-18.00
JIKJN Richard

KIDS

Beginners
(up to Red)
18.00-18.45
KSN Babs
KSN Sue

ADULTS

Ages 13+
Advanced
19.00-finish
JIKJN Richard

FRI

ADVANCED CLASS

SAT

FITNESS

Advanced
level
Times vary
JIKJN Richard

BBC

09.30-10.15
£15/month
JKN Pete
SBN Karen

Times:
Speak to
JIKJN Richard

ALL CLASSES SUPERVISED BY JIKJN RICHARD JONES (HEAD INSTRUCTOR)